

Sarah M. Heavin, PhD

LICENSED CLINICAL PSYCHOLOGIST

CURRICULUM VITA

EDUCATION

- Senior Fellow** **University of Washington** (2009-2010) Postdoctoral Fellowship in Juvenile Forensic Psychology and Adolescent Inpatient Treatment
- Ph.D.** **University of Utah** (2009) Clinical Psychology, Child and Family Specialization
Dissertation Title: Evaluating the Efficacy of a Brief Coparenting Intervention for Adolescents: Improving Parenting Attitudes, Stress and Behavior.
(Chair, Dr. Paul Florsheim, Ph.D.)
- Clinical Internship** **Western State Hospital** (2008-2009) APA Approved
Rotations: Program for Forensic Evaluations in Community and Corrections, Child Study and Treatment Center, Special Commitment Center
- M.S.** **University of Utah** (2006) Master of Science in Psychology
Thesis title: Manipulation of Craving in Substance Abusing Adolescents
(Chair, Dr. Paul Florsheim, Ph.D.)
- B.S.** **Boise State University** (2002) Bachelor of Science in Psychology

PROFESSIONAL PRACTICE

- Summer 2010 - present** - *Independent Forensic Practice* - Licensed psychologist providing evidence-based psycholegal evaluations and consultation, generally, but not exclusively, in civilian courts in cases alleging psychological damages stemming from sexual abuse, physical injury, torture, and wrongful death. Experience conducting forensic mental health evaluations in medical malpractice, workplace sexual harassment, competence to stand trial, criminal responsibility, and trauma-related sentencing mitigation. Consulted or testified in over 400 cases in juvenile court, State and Federal civil and criminal courts in Washington, Idaho, Colorado, and Montana.
- Spring 2015 - Spring 2020** - *Ark Institute of Learning*- Supervised staff on conducting evidence-based educational evaluations. Supervised intake assessments, provided consultation regarding diagnosis of Specific Learning Disorders, participated in agency hiring and staff training.

- Spring 2011-
Spring 2018** *University of Puget Sound-* Visiting Assistant Professor in the Department of Psychology. Taught courses at an undergraduate level including Lifespan Development, Developmental Psychopathology, Infant and Child Development, Adolescent to Adult Development, Abnormal Psychology, Introduction to Psychology, and Developmental Psychopathology. Conducted academic advising with psychology majors and supervised independent research.
- Spring 2009 -
Spring 2011** *Child Study and Treatment Center-* Group and individual therapy for children and adolescents within an inpatient psychiatric hospital using Dialectical Behavior Therapy, Developmental Therapy, and Trauma-Focused Cognitive-Behavior Therapy (TF-CBT) models. Family therapy using Parent-Child Interaction Therapy (PCIT). Forensic evaluations for juvenile courts throughout Washington focused on diagnosis, competency to stand trial, mental status at time of offense, and risk for future dangerousness. Treatment for competence restoration. Training of other professionals regarding family therapy models.

PUBLICATIONS

- Florsheim, P., Burrow-Sanchez, J., Minami, PhD, McArthur, L., **Heavin, S.**, & Hudak, C. (2012). The Young Parenthood Program: Supporting Positive Paternal Engagement through Co-parenting Counseling. *American Journal of Public Health*.
- Florsheim, P., McArthur, L., Hudak, C., **Heavin, S.** & Burrow-Sanchez, J. (2011) The Young Parenthood Program: A co-parenting counseling program for pregnant adolescents and young expectant fathers. *Journal of Couple and Relationship Therapy*, 10(2), 117-134.
- Lexcen, F., **Heavin, S.**, & Redick, C. (2010). A Clinical Application of the Juvenile Adjudicative Competence Interview (JACI). *Open Access Journal of Forensic Psychology*, 2, 287-305.
- Lexcen, F. & **Heavin, S.** (2010). Evaluating for Competence to Proceed in Juvenile Court: Findings with a Semi-Structured Interview. *Open Access Journal of Forensic Psychology*, 2, 359-376.
- Florsheim, P., **Heavin, S.**, Tiffany, S, Colvin, P., and Hiraoka, R. (2007). An Experimental Test of Craving Management Techniques for Adolescents in Substance-Abuse Treatment. *Journal of Youth and Adolescence*. doi: 10.1007/s10964-007-9232-0.
- Florsheim, P., Shiozaki, T., Hiraoka, G., Tiffany, S., **Heavin, S.**, Teske, N., & Clegg, C. (2007). Craving among polysubstance abusing adolescents. *Journal of Child and Adolescent Substance Abuse*, 17(2), 101-124.
- Turrisi, R., Hillhouse, J., **Heavin, S.**, Robinson, J., Adams, M., & Berry, J. (2004). Examination of the short-term efficacy of a parent- based intervention to prevent skin cancer. *Journal of Behavioral Medicine*, 27(4), 393-412.

INVITED LECTURES & CONFERENCE PRESENTATIONS

- Heavin, S.** (2022). Conducting Personal Injury Evaluations. Presented for Postdoctoral Seminar at Western State Hospital in Lakewood, WA, on May 13, 2022.
- Heavin, S.** (2022). Forensic Assessment of Posttraumatic Stress. Presented for Forensic Evaluators at Colorado Mental Health Institute in Pueblo, CO, on April 28, 2022.
- Heavin, S.** (2020) Defining Post Traumatic Stress Disorder: Understanding and Articulating Symptom Clusters. North American Brain Injury Scientists Legal Conference in New Orleans, LA, on February 27, 2020.
- Heavin, S.** (2018). Psychological Evaluations of Youth in Care. Presented for Raising the Bar, Child Representation CLE Series, Tacoma, Washington on April 20, 2018.
- Heavin, S.** (2016). Personality Disorders. Presented for the Department of Assigned Counsel for Pierce County in Tacoma, WA, on July 26, 2016.
- Heavin, S.** (2015). Competence to Stand Trial. Presented for Geoffrey Loftus at the University of Washington in Seattle, WA on October 19, 2015.
- Heaving, S.** (2015). Helicopter Mom vs. Helipad Mom: The role of risk in children's mental health and development. Presented for the Holistic Mom's Network in Tacoma, WA on June, 22, 2015.¹
- Heavin, S.** (2014). Everything I need to Know. Phi Eta Sigma Honor Society Speech. Presented at the University of Puget Sound in Tacoma, WA on March 25, 2014.
- Smith, M.S., Kelly, S., & **Heavin, S.** (2014). Durations and Outcomes of High Risk Foster Placements. (2014). Western Psychological Association, Portland, OR
- Heavin, S.** (2013). Applied Principles in the Psychological Treatment of Traumatic Events. Presented at the Weyerhaeuser Colloquium in Tacoma, WA on February 12, 2013.
- Heavin, S.** (2012). Parent Coaching and Shadowing. Presented for Camano Cottage, Child Study and Treatment Center on May 16, 2012 in Tacoma, WA.
- Heavin, S.** (2011) Why Teens Do the Things They Do: Brain, Identity, & Behavior. Presented December 13, 2011 at The Reach Center in Tacoma, WA.
- Heavin, S. (2010). Child and Adolescent Issues in Trauma. Presented at the Washington State Association for Justice Psychological Injuries Program on November 18, 2010 in Seattle, WA.

¹ This presentation culminated in an article titled, "Better Safe Than Sorry is Wrong," Published on 08/04/15 with Free Range Kids, at: freerangekids.com/better-safe-than-sorry-is-wrong/

- Heavin, S., Adler, R., & McMinimee, S. (2010).** Violence Risk Assessment in Schools: State of the Art as Seen Through a Wide Lens. Presented at the Oregon-Washington School Psychology Conference on October 15, 2010 in Vancouver, WA.
- Heavin, S. (2010).** Post-Traumatic Stress Disorder: Issues for Treatment Providers. Presented for Orcas Cottage, Child Study and Treatment Center on May 18, 2010.
- Florsheim, P., Hudak, C., **Heavin, S.**, Burrow-Sanchez, J., McArthur, L., Lemke, M., Frausto, K., Paredes, R. (2010). Including Young Fathers in Preventing Repeat Pregnancies Among Adolescent Mothers: A Couples Program for Promoting Birth Control. Presented as part of a symposium titled, "A Public Health Perspective on Adolescent Romance and Sexual Behavior." Society for Research on Adolescence Conference, Philadelphia, PA.
- Heavin, S., Lexcen, F., & Zimmerman, E. (2010).** Demographic and Clinical Influences on Juvenile Competence to Stand Trial. Presented as part of symposium titled, "Improving Juvenile Competence to Stand Trial Evaluations: Clinical Approaches, Empirical Results, and Multi-Disciplinary Concerns." Symposium moderated by Tom Grisso. American Psycho-Legal Society, Vancouver, British Columbia.
- Olivares, I., Saenz, J. McArthur, M., **Heavin, S.**, Paredes, R. Sanchez, J. Neve, C., Torres, Y., Burrow-Sanchez, J., and Florsheim, P. (2008). An Intervention for Pregnant Teens and Their Partners: Do Differences in Relationship Security Predict Treatment Response? Society for Research on Adolescence Conference, Chicago, IL.
- Rodriguez, M., **Heavin, S.**, Galliher, R., & Torres, Y. (2008). Cultural Considerations in Providing Intervention for Adolescents. Invited Oral Presentation. Presented at the Rocky Mountain Psychological Association, Boise, ID.
- Torres, Y., Lauritzen, D., **Heavin, S.**, & Florsheim, P. (2008). Family Relationships and Risk for Substance Abuse: Differences between Latino and European-American Young Expectant Fathers. Presented at the Rocky Mountain Psychological Association, Boise, ID.
- Wrona, M., Henderson, J., **Heavin, S.**, & Florsheim, P. (2008). Testing a Relationship Focused Intervention for Pregnant Adolescents and their Partners. Presented at the Rocky Mountain Psychological Association, Boise, ID.
- Florsheim, P., **Heavin, S.**, and Tiffany, S. (2006). Refining intervention science: Using experimental methods to test the mechanisms of treatment with clinical samples of adolescents. Invited Talk in honor of Daniel Offer. University of Illinois Chicago, Institute for Juvenile Research.
- Heavin, S., Colvin, P., Florsheim, P., & Tiffany, S. (2006).** Individual Differences in craving experience among adolescents with substance use disorders. Presented at the Kansas Conference in Clinical Child and Adolescent Psychology: Lawrence, KS.

- Heavin, S.,** Colvin, P. Florsheim, P., & Tiffany, S. (2006). Manipulating craving among adolescents with substance use disorders. Presented at the Rocky Mountain Psychological Association, Park City, UT.
- Heavin, S.,** Florsheim, P., Hiraoka, R., Tiffany, S. & Teske, N. (2005). Manipulating craving among adolescents with substance use disorders. Presented at the Society for Research on Alcoholism, Santa Barbara, CA
- Heavin, S.,** Florsheim, P., Hiraoka, R., Tiffany, S. & Shiozaki, T. (2005). Understanding and controlling craving among adolescents with substance use disorders. Presented at the Society for Research in Child Development, Atlanta, GA.
- Hiraoka, R., **Heavin, S.,** Randall-Stitt, C., Hall, S., Florsheim, P., & Tiffany, S. (2004). Do adolescent substance abusers have distinct craving experiences for different drugs? Presented at the Rocky Mountain Psychological Association. Reno, NV.
- Shiozaki, T., Florsheim, P., Tiffany, S., **Heavin, S.,** Minen, S., & Clegg, C. (2004). Adolescent substance abuse: Can personality predict craving? Presented at the Rocky Mountain Psychological Association. Reno, NV.
- Heavin, S.,** Adams, M., Berry, J., Scremin, N., Turrisi, R., Hillhouse, J., Hamilton, J. & Glass, M. (2002). Examination of the short-term efficacy of a parent-based intervention to prevent skin cancer. Presented at the Rocky Mountain Psychological Association, Park City, UT.
- Hillhouse, J., Glass, M., Turrisi, R, Hamilton, J. & **Heavin, S.** (2002). An appearance-focused intervention to reduce indoor tanning-induced UV exposure in high school students. Presented at the Rocky Mountain Psychological Association, Park City, UT.
- Turrisi, R., Taki, R., **Heavin, S.,** Finn, L & Wood, E. (2001). Examination of a parent-based intervention to reduce college student drinking tendencies. Paper presented at the Research Society on Alcoholism, Montreal, Quebec, Canada.
- Turrisi, R., **Heavin, S.,** Wiersman, K. & Hughes, K. (2000). High school behaviors as moderators in the college binge drinking-consequence relationship: The role of mother-teen communication in reducing college drinking consequences. Paper presented at the Research Society on Alcoholism, Denver, CO.

HONORS AND AWARDS

- 2014** Monetary Psi Chi Research Award, Western Psychological Association
- 2006 - 2008** All Department Commendation, overall excellence in teaching, clinical work, and research productivity. Two time award winner, University of Utah
- 2007** Clinical Commendation, outstanding clinical service, University of Utah

- 2006** Kevin Hawley Award Winner, contributing to departmental atmosphere through academic excellence, charitable sharing of time and improving student morale, University of Utah
- 2004 - 2007** Graduate Research Travel Award, conference travel funds based on research quality and significance. Three time award winner, University of Utah
- 2003** Teaching Commendation, exceptional performance in the instruction of undergraduate coursework, University of Utah
- 2002** President's Award for Distinguished Service, given to three students recognized as role models and mentors to other student leaders and for advancing student life, Boise State University.

TEACHING EXPERIENCE

- Spring 2018** Lifespan Development, University of Puget Sound
Introduction to Psychology, University of Puget Sound
- Fall 2017** Infant and Child Development, University of Puget Sound
Lifespan Development, University of Puget Sound
- Spring 2017** Developmental Psychopathology, University of Puget Sound
Adolescent to Adult Development, University of Puget Sound
- Fall 2016** Infant and Child Development, University of Puget Sound
Adolescent to Adult Development, University of Puget Sound
- Spring 2016** Infant and Child Development, University of Puget Sound
Adolescent to Adult Development, University of Puget Sound
Introduction to Psychology, University of Puget Sound
- Fall 2015** Abnormal Psychology, University of Washington, Tacoma
Infant and Child Development, University of Puget Sound
Adolescent to Adult Development, University of Puget Sound
Developmental Psychopathology, University of Puget Sound
- Spring 2015** Adolescent to Adult Development, University of Puget Sound
Infant and Child Development, University of Puget Sound
- Fall 2014** Introduction to Psychology, University of Puget Sound
Infant and Child Development, University of Puget Sound
- Spring 2013** Introduction to Psychology, University of Puget Sound
Adolescent to Adult Development, University of Puget Sound
- Fall 2012** Infant and Child Development, University of Puget Sound
Adolescent to Adult Development, University of Puget Sound
Developmental Psychopathology, University of Puget Sound
- Spring 2012** Introduction to Psychology, University of Puget Sound
Adolescent to Adult Development, University of Puget Sound
- Fall 2011** Introduction to Psychology, University of Puget Sound
Adolescent to Adult Development, University of Puget Sound
Developmental Psychopathology, University of Puget Sound

Spring 2011 Infant and Child Development, University of Puget Sound
Fall 2010 Developmental Psychopathology, University of Puget Sound
Fall 2009 Introduction to Psychology, Distance Education, University of Utah
Summer 2009 Introduction to Psychology, Distance Education, University of Utah
Spring 2009 Introduction to Psychology, Distance Education, University of Utah
Fall 2008 Introduction to Psychology, Distance Education, University of Utah
Summer 2008 Introduction to Psychology, Distance Education, University of Utah
Summer 2006 Infancy and Child Development, University of Utah
Spring 2006 Graduate Clinical Assessment, Teaching Assistant, University of Utah
Fall 2005 Graduate Clinical Assessment, Teaching Assistant, University of Utah
Summer 2005 Abnormal Child Psychology, Graduate Instructor, University of Utah
Spring 2005 Abnormal Child Psychology, Graduate Instructor, University of Utah
Fall 2004 Abnormal Child Psychology, Graduate Instructor, University of Utah
Summer 2004 Abnormal Child Psychology, Graduate Instructor, University of Utah
Spring 2004 Research Methods, Teaching Assistant, University of Utah
Fall 2003 Abnormal Child Psychology, Teaching Assistant, University of Utah
Spring 2002 Advanced Statistical Methods, Teaching Assistant, Boise State University
Spring 2001 Child Psychopathology, Teaching Assistant, Boise State University
Fall 2001 Statistical Methods, Teaching Assistant and Paid Tutor, Boise State University

CLINICAL EXPERIENCE

Summer 2009 *Special Commitment Center-* Group and individual therapy with adults who have been civilly committed following classification as Sexually Violent Predators. Utilized a sex-offender specific therapy program focused on relapse prevention strategies.

Fall 2008 *Western State Hospital-* Comprehensive pretrial forensic mental health evaluations to the State and Limited Jurisdiction Courts in Western Washington. Evaluations focused on diagnosis, competency to stand trial, treatment recommendations for those found not competent to stand trial, criminal responsibility, danger to others, likelihood of committing offenses, and need for involuntary treatment evaluations.

2005 – 2008 *Center for Safe and Healthy Families-* Group psychotherapy with children having sexual behavior problems and their parents. Individual psychotherapy using TF-CBT and PCIT in a University of Utah Hospital based clinic. Weekly group and individual supervision.

2006 – 2008 *Interpersonal Reconstructive Therapy Clinic-* Individual inpatient and outpatient psychotherapy with severely personality disordered adults at the University of Utah Neuropsychiatric Clinic Weekly group supervision, individual supervision, and case consultation.

2004 – 2008 *Adolescent Development and Outreach Program-* Community-based individual psychotherapy and assessment for underserved adolescents. Biweekly group and individual supervision.

- 2006 - 2007** *Child Therapy Practicum*- Community based individual and family therapy with children aged 11-15 utilizing the Adolescent Transitions Program. Weekly group supervision and individual supervision of undergraduate parenting consultants.
- 2004 – 2006** *Open Door Clinic*- Group psychotherapy with homeless adolescents in an outpatient community medical clinic. Weekly group supervision.
- 2004 – 2006** *Primary Children's Hospital*- Comprehensive neuropsychological assessment with medically fragile children and adolescents. Periodic individual supervision.
- 2004 – 2006** *Assessment Practicum* - Personality and cognitive assessment of children, adolescents, and adults at the University Counseling Center, Salt Lake School District, and Primary Children's Medical Center. Weekly group and individual supervision.

SPECIALIZED CLINICAL TRAINING

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| Fall 2008 | Criminal Forensic Foundations Seminar |
| Fall 2005 | Functional Family Therapy Seminar |
| Summer 2007 | Parent-Child Interaction Therapy Seminar |
| 2006 – 2007 | Motivational Interviewing Seminar |
| Summer 2005 | Rorschach Administration and Coding Seminar |
| 2005-2007 | Structural Analysis of Social Behavior (SASB) Seminar |

Professional Memberships

- American Psychological Association (APA)
 American Psychology-Law Society (APL-S) Division 41